**SERVICES**

**Advocacy**

The Center provides two types of advocacy. Individual Advocacy involves staff members working with an individual to access services from other agencies. Systems Advocacy involves staff members initiating changes in various local, regional, and state systems making it easier for people with disabilities to live independently.

**Independent Living Skills Training**

RRCI provides training for people with disabilities to enhance or develop skills that can assure independent living opportunities.

**Information and Referral**

RRCI provides information and referral to anyone in the community needing to find specific programs and services to empower people with disabilities to live independently.

**Peer Support**

Enjoy connecting with other people with disabilities by attending a variety of support group meetings. A person with a disability, who is new to Independent Living is greatly rewarded by connecting with others who have experienced barriers in living independently and have been able to overcome similar barriers.

**Older Youth Transition Program**

Youth between the ages 14-21 participate in activities that prepare them to transition from school to adult life. Life skills, healthy relationships, and socialization are foundational activities for this age group.  A special program for young people between the ages 14-21 teaches specific transition to adulthood skills.

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**Nursing Home Transition and Diversion**

Do you want to get out of a nursing home or other institution? Do you want to avoid going into an institution? We may be able to help.

**Younger Youth Programs**

Children with disabilities between the ages of 5-13 are offered monthly activities and learning opportunities during the school year and can participate in a fun summer program.

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**​Older Blind Program**

The goal of the Older Blind Program is to help consumers with visual impairments become or remain independent. The program is designed to empower people ages 55 and older who are no longer in the workforce.

**Loan Bank**

Generous members of the community have donated gently used technology and mobility equipment to RRCI. The Loan Bank is open to the public to borrow equipment to fill shorter term needs. Whether a loved one is coming for the weekend or someone is waiting for insurance to fund something, the Loan Bank may fill a temporary need.

**Assistive Technology**

Equipment may be purchase for individuals with disabilities through Utah State Office of Rehabilitation (USOR), the Utah Assistive Technology Foundation (UTAF), or other funding opportunities. An assessment is conducted to identify equipment that will increase independence at home and in the community. Assistive Technology is a service for individuals in need who meet financial eligibility criteria.

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The Evening Respite Program

Red Rock Center for Independence provides planned and organized short-term care to support families and care givers of adults with physical or intellectual disabilities. The Evening Respite Program allows the caregiver time to decompress from the physical and mental stress associated with caregiving. Respite allows the caregivers take time to rest and rejuvenate so they can feel refreshed. It reduces the stress and exhaustion associated with caregiving and helps maintain a healthy relationship between the individual and caregiver.

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Respite Program Provides:

* Social Participation
* Positive Interaction
* Structured and Safe Environment
* Activities and Games
* Education and Learning
* Reduces Isolation

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For more information please contact Brenda McKee if you think you may benefit from the Evening Respite Program.

Phone: 435-705-1367 or 435-673-7501