Reporting Instrument

CIL Program Project Performance Report

Fiscal Year: 2020
Grant #: 2006UTILCL
Name of Center: Red Rock Center for Independence
Acronym for Center (if applicable): RRCI
State: UT
Counties Served: Beaver, Garfield, Iron, Kane, Millard, Piute, Sevier, Washington, Wayne

SECTION 1 - GENERAL FUNDING INFORMATION

Section 725(c)(8)(D) of the Act

Indicate the amount received by the CIL as per each funding source. Enter '0' for none.

Item 1.1.1 - All Federal Funds Received

Title VII, Ch. 1, Part B	$0.00
Title VII, Ch. 1, Part C	$164025.00
Title VII, Ch. 2	$0.00
Other Federal Funds	$86813.10
Subtotal - All Federal Funds	$250838.00

Item 1.1.2 - Other Government Funds

State Government Funds	$868457.00
Local Government Funds	$5620.50
Subtotal - State and Local Government Funds	$874078.00

Item 1.1.3 - Private Resources

Foundations, Corporations, or Trust Grants	$0.00
Donations from Individuals	$15434.20
Membership Fees	$0.00
Investment Income/Endowment	$214.15
Fees for Service (program income, etc.)	$645.00
Other resources (in-kind, fundraising, etc.)	$5262.40
Subtotal - Private Resources	$21555.80

Item 1.1.4 - Total Income

Total income = (Item 1.1.1)+(Item 1.1.2)+(Item 1.1.3)	$1146470.00

Item 1.1.5 - Pass Through Funds

Amount of other government funds received as pass through funds to consumers (include funds, received on behalf of consumers, that are subsequently passed on to consumers, e.g., personal assistance services, representative payee funds, or Medicaid funds)	$0.00

Item 1.1.6 - Net Operating Resources

Total Income (Item 1.1.4) <minus> amount paid out to Consumers (Item 1.1.5) = Net Operating Resources	$1146470.00

Item 1.2 - Resource Development Activities

Briefly describe the CIL's resource development activities conducted during the reporting period to expand funding from sources other than chapter 1 of title VII of the Act.

RRCI received $75,000 one-time funds from the DSL for youth programming.
RRCI was awarded $7,500 from the local Social Service Block Grant to support consumer transportation.
RRCI was awarded a $6,000 grant from Deseret Industries.

SECTION 2 - COMPLIANCE INDICATOR 1: PHILOSOPHY

Item 2.1 - Board Member Composition

Enter requested staff information in the table below:

Total Number of Board Members	Number of Board Members with Significant Disabilities
10	7

Percentage of Board Members with Significant Disabilities	70.00%

Item 2.2 - Staff Composition

Enter requested staff information in the table below:

	Total Number of FTEs	FTEs Filled by Individuals with Disabilities	FTEs Filled by Individuals From Minority Populations
Decision-Making Staff	4	2	0
Other Staff	14	10	4
Total Number of Employees	18	12	4

Item 2.2.1 - Staff With Disabilities

Percentage of Staff Members with Significant Disabilities	67.00%

SECTION 3 - INDIVIDUALS RECEIVING SERVICES

Section 704(m)(4)(D) of the Act; Section 725(b)(2) of the Act; Section 725(c)(8)(B) of the Act

Item 3.1 - Number of Consumers Served During the Reporting Period
Include Consumer Service Records (CSRs) for all consumers served during the period

	# of CSRs
(1) Enter the number of active CSRs carried over from the preceding reporting period	699
(2) Enter the number of CSRs started since the start of the reporting period	266
(3) Add lines (1) and (2) to get the **total number of consumers served**	965

Item 3.2 - IL Plans and Waivers
Indicate the number of consumers in each category below.

	# of Consumers
(1) Number of consumers who signed a waiver	58
(2) Number of consumers with whom an ILP was developed	907
(3) **Total number of consumers** served during the reporting period	965

Item 3.3 - Number of CSRs Closed by September 30 of the Reporting Period
Include the number of consumer records closed out of the active CSR files during the reporting period because the individual has:

	# of CSRs
(1) Moved	9
(2) Withdrawn	5
(3) Died	9
(4) Completed all goals set	221
(5) Other	0
(6) Add lines (1)+(2)+(3)+(4)+(5) to get **total CSRs closed**	244

Item 3.4 - Age
Indicate the number of consumers in each category below.

	# of Consumers
(1) Under 5 years old	1

	# of Consumers
(2) Ages 5 - 19	172
(3) Ages 20 - 24	52
(4) Ages 25 - 59	236
(5) Age 60 and Older	504
(6) Age unavailable	0
Total number of consumers by age	965

Item 3.5 - Sex
Indicate the number of consumers in each category below.

	# of Consumers
(1) Number of Females served	574
(2) Number of Males served	391
Total number of consumers by sex	965

Item 3.6 - Race And Ethnicity

Indicate the number of consumers served in each category below. *Each consumer may be counted under ONLY ONE of the following categories in the PPR/704 Report, even if the consumer reported more than one race and/or Hispanic/Latino ethnicity).*

	# of Consumers
(1) American Indian or Alaska Native	13
(2) Asian	3
(3) Black or African American	15
(4) Native Hawaiian or Other Pacific Islander	8
(5) White	862
(6) Hispanic/Latino of any race or Hispanic/ Latino only	50
(7) Two or more races	11
(8) Race and ethnicity unknown	3
Total number of consumers served by race/ethnicity	965

Item 3.7 - Disability
Indicate the number of consumers in each category below.

	# of Consumers
(1) Cognitive	85
(2) Mental/Emotional	166
(3) Physical	317

	# of Consumers
(4) Hearing	62
(5) Vision	128
(6) Multiple Disabilities	201
(7) Other	6
Total number of consumers served by disability	965

Item 3.8 - Individuals Served by County During the Reporting Period

List each county within the CIL's service area, as indicated in the CIL's application for Part C funds and the approved SPIL. Add additional rows as necessary. For each county, indicate how many individuals residing in that county were served by the CIL during the reporting period.

County Name	Number of County Residents Served
Beaver, UT	23
Garfield, UT	42
Iron, UT	140
Kane, UT	32
Millard, UT	19
Piute, UT	15
Salt Lake, UT	1
Sevier, UT	90
Washington, UT	596
Wayne, UT	7
Total number of consumers served by county	965

SECTION 4 - INDIVIDUAL SERVICES AND ACHIEVEMENTS

Item 4.1 - Individual Services

For the reporting period, indicate in the table below how many consumers requested and received each of the following IL services.

Services	Consumers Requesting Services	Consumers Receiving Services
Advocacy/Legal Services	196	82
Assistive Technology	533	317
Children	72	63
Communication Services	476	235
Counseling and related services	875	593
Family Services	151	94
Housing, Home Modification, and Shelter Services	47	27
IL Skills Training and Life Skills Training	345	235
Information and Referral Services	1402	1056
Mental Restoration Services	1	1
Mobility training	57	31
Peer Counseling Services	123	80
Personal Assistance Services	58	26
Physical Restoration Services	60	45
Preventive Services	75	46
Prostheses, Orthotics, and other appliances	22	13
Recreational Services	309	253
Rehabilitation Technology Services	0	0
Therapeutic Treatment	0	0
Transportation Services	242	157
Youth/Transition Services	162	140
Vocational Services	39	27
Other	1	0

Item 4.2 - I&R Information

To inform ACL how many service providers engage in I&R follow-up contacts regarding access to transportation, health care services or assistive technology, please indicate the following:

The service provider did **X** / did not ___ engage in follow-up contacts with I & R recipients to document access gained to previously unavailable transportation, health care or assistive technology.

Describe how information and referral services and the other IL core and other IL services are provided to those who request such services in formats accessible to the individual requesting the services. Describe any innovative practices (not mentioned elsewhere in this report) to enhance the availability and effectiveness of IL services.

RRCI has a staff member with basic sign language skills and access to an ASL interpreting service. There is a Spanish speaking staff member. We have staff members skilled in creating accessibility for the blind. We have devices available for those with accessible language needs. All documents are available in various formats upon request. RRCI has opened offices in underserved areas to create accessibility to community integration and life skills training opportunities.

Item 4.3 - Peer Relationships and Peer Role Models

Briefly describe how, during the reporting period, the CIL has promoted the development of peer relationships and peer role models among individuals with significant disabilities.

RRCI held 25 events related to people relationships and peer role models among individuals with significant disabilities. 182 individuals attended these events. Friendships have been made and people with significant disabilities have become friends and one another's support systems outside of the events.

Item 4.4 - Goals Related to Increased Independence in a Significant Life Area

Indicate the number of consumers who set goals related to the following significant life areas, the number whose goals are still in progress, and the number who achieved their goals as a result of the provision of IL services.

Significant Life Area	Goals Set	Goals Achieved	In Progress
Self-Advocacy/Self-Empowerment	232	89	143
Communication	100	45	55
Mobility/Transportation	243	109	134
Community-Based Living	40	18	21
Educational	27	20	7
Vocational	28	22	6
Self-Care	170	70	100
Information Access/Technology	161	89	72
Personal Resource Management	9	6	3
Relocation from a Nursing Home or Institution to Community-Based Living	9	4	5
Community/Social Participation	306	186	118
Other	1	0	1

Item 4.5 - Improved Access To Transportation, Health Care Services, and Assistive Technology

In column one, indicate the number of consumers who required access to previously unavailable transportation, health care services, or assistive technology during the reporting period. Of the consumers listed in column one, indicate in column two, the number of consumers who, as a result of the provision of IL services (including the four core services), achieved access to previously unavailable transportation, health care services, or assistive technology during the reporting period. In column three, list the number of consumers whose access to transportation, health care services or assistive technology is still in progress at the end of the reporting period.

Areas	# of Consumers Requiring Access	# of Consumers Achieving Access	# of Consumers Whose Access is in Progress
(A) Transportation	27	16	11
(B) Health Care Services	232	216	16
(C) Assistive Technology	126	92	34

Note: For most IL services, a consumer's access to previously unavailable transportation, health care and assistive technology is documented through his or her CSR. In some instances, consumers may achieve an outcome solely through information and referral (I&R) services. To document these instances as successful outcomes, providers are not required to create CSRs for these consumers, but must be able to report that follow-up contacts with these consumers showed access to previously unavailable transportation, health care and assistive technology.

Item 4.6 - Self-Help and Self-Advocacy
Briefly describe how the CIL has promoted self-help and self-advocacy among individuals with significant disabilities during the reporting period.

RRCI staff maintain a culture of confidence in consumer directed decision-making. Consumers receive assistance with making their voices heard only as requested. Staff serves as a resource to ensure that consumers understand their options during decision-making processes. This culture promotes self-help and self-advocacy.
Individuals participating in peer networking have dedicated their time together to register to vote, understand local and national concerns that affect the disability community. They strategize with one another to better understand what has been successful for others. They join for activities promoting systems advocacy thereby assisting one another with self-advocacy opportunities.

Item 4.7 - Additional Information Concerning Individual Services or Achievements

Please provide any additional description or explanation concerning individual services or achievements reported in Section 4, including outstanding success stories and/or major obstacles encountered.

RRCI received $75,000 one-time funds from the DSL for youth programming. With these funds RRCI was able to hire an additional, full time, youth support staff member. With the additional help, RRCI has been able to expand its service area for youth focused classes and supports. Regular youth classes are now being held in the Hurricane and Cedar City areas as well as in Washington County. Additionally, our younger youth (ages 5-10) summer program is now being offered monthly year around. We hope these one-time funds will be moved to ongoing to ensure the continued success and expansion of youth services.

There are many success stories for RRCI. One compelling case was that of a 47-year-old woman with autism. In the beginning she was able to live successfully on her own until her mother moved in with her which was against the Section 8 Housing Authority rules and management started the process of eviction. It was also discovered that the mother was spending this woman's SSI funds. RRCI stepped in as advocate and developed a plan to solve the situation:
1. Mother could only stay two weeks at the apartment to keep the rules.
2. Contact Housing Authority to use emergency funding to catch up on rent.
3. Provide transportation to Housing Authority to fill out the application for help.
4. Spoke with Management to delay eviction and wait for emergency funding.
The housing authority paid her rent, the mother moved away, and she is now in a stable housing condition. She attends RRCI activities and support groups to keep supported and assure integration in the community.

Another example of service is that of a widowed mother of seven who was suddenly hit with a mysterious, debilitating disease. RRCI was brought in early to provide a walker from our AT loan bank until she was able to get a permanent one through insurance. Next, RRCI utilized UAT Funds to get grab bars placed in her home. As her condition worsened, she found that she needed a wheelchair but didn't have a way to get in and out of her house. RRCI was able to supply her a ramp to gain access to her home. In addition, to equipment, RRCI was also able to help her to get clothing and household supplies for herself and her children through a grant obtained from Deseret Industries. When COVID hit and obtaining food became difficult, RRCI helped provide for food through the CARES Act.

SECTION 5 - PROVISION OF SERVICES

Item 5.1 - Compliance Indicator 2: Provision of Services on a Cross-Disability Basis

Briefly describe how, during the reporting period, the CIL has ensured that IL services are provided to eligible individuals with a diversity of significant disabilities and individuals who are members of populations that are unserved or underserved, without restrictions based on the particular type or types of significant disability and in a manner that is neither targeted nor limited to a particular type of significant disability.

RRCI continues to have substantial growth in support in rural communities. Outreach in Kane County has provided for more awareness and support for those with disabilities in the area.
RRCI was able to open up a youth group in the Iron County area, as well as establishing two peer support groups in the area that includes IL classes and community activities.
Hurricane City has been holding separate peer to peer support group meetings, classes, and youth group activities with people in that community.
The cross-disability support group in Washington county, RRCI's largest of its kind, has nearly outgrown its meeting space with individual's connection regarding disability issues. Meetings continued throughout the pandemic utilizing online forums such as Zoom and continue in a hybrid fashion to assure access for all.
Two groups gather 1-2 times monthly to provide specific support to one another. They train on new technology for the blind and support newly blind regarding living independently with visual impairments.

Item 5.2 - Alternative Formats

Briefly describe how, during the reporting period, the CIL has ensured the availability in alternative formats of all of its written policies and materials and IL services, as appropriate.

RRCI has translated some flyers and social media into Spanish. Documents in alternate formats for the blind are provided upon request. A budget line item is used to provide interpreter services as needed for deaf consumers.

Item 5.3 - Equal Access

(A) Briefly describe how, during the reporting period, the CIL has ensured equal access of individuals with significant disabilities, including communication and physical access, to the center's services, programs, activities, resources, and facilities, whether publicly or privately funded. Equal access, for the purposes of this indicator, means that the same access is provided to any individual with a significant disability regardless of the individual's type of significant disability.

RRCI has acquired 5310 accessible transportation for underserved areas so that consumers can experience equal access to IL skills training and community integration experiences. An application has been submitted to UDOT for another 5310 vehicle for the Iron county area. We anticipate this to be funded in 2023. This forethought supports equal access to people with significant disabilities who wish to access the center's services, programs, activities, and resources.

(B) Briefly describe how, during the reporting period, the CIL has advocated for and conducted activities that promote the equal access to all services, programs, activities, resources, and facilities in society, whether public or private, and regardless of funding source, for individuals with significant disabilities. Equal access, for the purposes of this indicator, means that the same access provided to individuals without disabilities is provided in the center's service area to individuals with significant disabilities.

RRCI staff members sit on various community boards including the AOG's in our service areas, the Regional Mobility Council, housing, and veterans' committees, to insure representation of the disability community.
RRCI staff and consumers are a part of a "complete street" advocacy movement with the objective of making sure all new street and building development takes into consideration the mobility needs of individuals with disabilities.

Item 5.4 - Consumer Information

Briefly describe how, during the reporting period, the CIL has ensured that consumers have the opportunity to develop and achieve their goals (either with or without an ILP) and that the consumer has the opportunity to express satisfaction with the center and such consumer satisfaction results are evaluated by the center.

RRCI has a system for reaching out to consumers with consumer satisfaction surveys. Responses are compiled and shared with board and staff members monthly. Generally, feedback is outstanding. However, surveys are used for training and opportunities for course correction when needed. The consumers were able to achieve many goals through IL skills classes which are goal driven programs and are determined by the consumers, with the Center continuing to provide support as needed. IL skills training provided youth and adults with disabilities the opportunity to make choices meaningful to them and learn the skills that assisted them to achieve the highest level of independence possible. By providing information and referral services, goals were achieved. The Center assisted and taught self-advocacy so that the consumers were able to access services from many community programs and they became aware of resources and options for people with disabilities. Services and goal establishment are offered and encouraged whether or not the consumer chooses to develop and/or sign an Independent Living Plan.

Item 5.5 - Consumer Service Record Requirements

Briefly describe how, during the reporting period, the CIL ensured that each consumer's CSR contains

all of the required information.

RRCI has established as system of online Consumer Service Records to maintain files electronically. Each consumer file contains the standardized checklist that is used to conduct file audits. Each staff member is responsible for ensuring compliance according to the checklist. All files have been loaded in a common database electronically. Each quarter, the IL supervisor selects four files randomly and goes through the checklist ensuring that each document is in proper order and is correctly signed and dated. If a signature or document is missing, the staff member immediately resolves the issue. Staff are required to conduct audits on electronic data files to ensure compliance with required documents.

Item 5.6 - Community Activities
Community Activities Table

In the table below, summarize the community activities involving the CIL's staff and board members during the reporting period. For each activity, identify the primary disability issue(s) addressed as well as the type of activity conducted. Describe the primary objective(s) and outcome(s) for each activity. Add more rows as necessary.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community Education & Public Information	1	Racialized ableism discussion.	Discussed personal experiences, shared solutions, and asked questions related to the topic of racialized ableism.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0.5	To discuss clients that need extra wraparound services before more intensive measures are taken	other names were discussed and I asked for more information on those youth
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To share information with and support other youth support coordinators throughout the state of UT.	Talked about our passions, current strategies for serving youth, upcoming opportunities and events.
Increasing the Availability/Access to Assistive Technology	Educational	0.5	To teach self-advocacy and workplace readiness skills.	Taught lesson on meaning of work, earning a living and how to gauge happiness.
Increasing Access to Appropriate Health Care	Collaborating and Networking	4	To promote RRCI's youth program services in the Cedar City while participating in Pumpkin Fest event @ Diamond Z Arena.	Handed out informational flyers and candy to over 1500 participants!
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Talk with individuals participating in the Five County RSVP Program.	Discussed services RRCI provides and mobility services.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1	Presented to the Beaver county school board what RRCI offers the community and schools.	
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	0	Presented to the Beaver county school board what RRCI offers the community and schools.	
Increasing Access to Appropriate Health Care	Collaborating and Networking	1.5	To go over updates with our agencies and talk about working together more collaboratively	
Increasing Access to Appropriate Health Care	Community Education & Public Information	1.5	To talk about our loss with our loved ones to suicide	Talked about different resources for coping and support groups
Increasing Access to Appropriate Health Care	Collaborating and Networking	2	Learn about the challenge's between Medicaid and Medicare. The services each provide and qualifications.	Better understand the differences and how to assist RRCI consumers that are on Medicaid and Medicare.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Coordinate with various youth support community leaders to provide/accept referrals and assist/w access to care.	Reviewed several youth cases in WashCo, provided RRCI list of services, offered suggestions and ideas.
Increasing the Availability/Access to Assistive Technology	Educational	1	Meet about transition needs for IEP students and how to make it more usable for teachers	Talk about core requirements and interests and how to get these students to have outside resources support
Increasing the Availability/Access to Assistive Technology	Community Education & Public Information	1	To teach youth pre-employment and self-advocacy skills.	Spent time getting to know students, completed pre-survey, and taught lesson on leadership.
Increasing Access to Appropriate Health Care	Collaborating and Networking	5.5	Youth recruitment and information referral for RRCI in Cedar City.	Handed out flyers & information, spoke w/parents of disabled youth, ran booth that involved a game/candy for youth.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Collaborate with various state entities in order to provide access to appropriate care for at risk youth.	Met with DCFS, Local PD, Youth Futures, UTBS, etc. Discussed several youth cases, provided references and suggestions.
Increasing Access to Appropriate Health Care	Community Integration	3	To provide support and recreation to youth in the Cedar City area.	Took social skills work sheets and games for reinforcement. Waited for 30 min but consumer didn't show.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community Education & Public Information	1	To restock flyers and program information at key locations throughout Saint George.	Left info on youth services with DWS, Library, Children's Museum, Booth Wellness, DOVE, Switch Point and Youth Futures.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Attended the Walk with Ease class through the Five County RSVP Program.	Connected with attendees about the services RRCI has available.
Other Issue	Collaborating and Networking	1.5	collaborating and refferals	
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Discuss options & services for at risk youth throughout southwestern Utah with key admin from various state agencies.	Supported peers within community, offered solutions and services relative to RRCI.
Increasing the Availability/Access to Assistive Technology	Community Education & Public Information	1	Present info on Pre-ETS and Youth Program to key admin within the Iron County School District.	Slide show and information exchange with various admin of Iron County and increased interest in RRCI services.
Increasing Accessibility to Transportation	Community Integration	1	To provide youth rides to and from center for an activity.	Allison Muir and Bridget safely provided rides to and from center or home for several youth.
Increasing Access to Appropriate Health Care	Educational	8	To learn key skills in leadership, team-building, and mentoring those we work with and for	Workbook to work on later, strategies of leadership and helping followers to become leaders.
Increasing Access to Appropriate Health Care	Educational	1	To teach children about emotional regulation through the use of visual aids and discussion.	Using food coloring, Mentos and soda we demonstrated the effects of bullying, stuffing our emotions/letting them burst.
Increasing the Availability/Access to Assistive Technology	Community Integration	1	To provide recreation and peer interactions for youth.	Participated in a scavenger hunt around the house, sharing what was found with peers via zoom.
Increasing Access to Appropriate Health Care	Community Integration	1	To teach youth about emotions, how to identify and regulate them.	Watched video's on emotional regulation and had group discussion.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth about decision making skills, motivators, goals, outcomes, etc.	Participated in class discussion, watched a couple fun related video's, read through some scenarios and self-related.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To present info on Pre-ETS program to key members of Hurricane High Admin in order to increase program availability.	Brainstormed several ideas for future outreach and increased interest for at least two new classrooms.
Increasing the Availability/Access to Assistive Technology	Community Integration	1	To discuss ideas and options for affordable gift giving.	Shared several ideas, discussed positives and negatives, reinforced plans, etc.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To staff difficult clients and work on prevention strategies	Working together to help with wraparound services for these youth
Increasing Access to Appropriate Health Care	Community Education & Public Information	1.5	To learn about Grand families as a resource for families in Washington County	Met and collaborated
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To staff difficult clients and work on prevention strategies.	Collaborated to provide wrap around services for youth.
Increasing Access to Appropriate Health Care	Community Education & Public Information	1.5	To understand the history, philosophies, and roles of a CIL.	Topics covered: Rehab Act, Americans with Disability Ac, Ed Roberts, General Local and Statewide CIL Roles.
Increasing Access to Appropriate Health Care	Community Education & Public Information	1.5	Understand suicide, learn prevention and response techniques.	Learned tactics such as how to question, persuade and refer. Learned more about mental illness and resources available.
Increasing Access to Appropriate Health Care	Educational	1	To learn what boredom is and develop coping strategies.	Watched related video, went through presentation and participated in discussion.
Increasing Access to Appropriate Health Care	Educational	1	To help step mom learn about resources for 13 year old daughter	Got mother's number to make an appointment
Increasing the Availability/Access to Assistive Technology	Community and Systems Advocacy	0	Learned about all the Assistive Technology services available to individuals with disabilities.	Discussed devices available and how the equipment works.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To talk about difficult youth cases	Talked about ways to help these youth and their families
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Discuss services needed to assist individuals that are homeless.	I informed committee of CARES ACT money. RRCI can assist those with disabilities that have been affected by COVID.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Discuss options, strategies, resources and info related to providing transition services for individuals w/disabilities.	Collaborated w/multiple advocates throughout the state. Discussed current events, challenges, successes, etc.
Increasing Access to Appropriate Health Care	Community Integration	1	To plan weekly/monthly activities with peers. Social and community participation.	Ideas that were discussed included karaoke, cooking, team building, bingo, gratitude journal/letter, role playing, etc.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To troubleshoot care for at risk youth throughout Southwestern Utah.	Went over several youth cases with JJS, DCFS, SOC, and various other community partners.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	2	To learn about services offered in the Five Counties regarding Emergency Disaster and Preparedness.	Talked with other agencies about services.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To provide middle school students with pre-employment and self-advocacy skills.	Class participated in lesson on learning styles and asking for accommodations.
Increasing Access to Appropriate Health Care	Community Integration	3	Show appreciation for consumers during the holidays and increase awareness of services provided by RRCI.	Delivered holiday goodie bag w/hot chocolate recipe & ornament for the family tree. Used company grey and gold van.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Support for various youth coordinator's, CIL's, and community leaders throughout Utah.	Discussed upcoming events, recent successes, resources, strategies and tips.
Increasing Access to Appropriate Health Care	Community Integration	1	To teach appropriate social kills and provide recreation.	Went over several worksheets related to "coping" and played Uno.
Increasing Access to Appropriate Health Care	Community Integration	1	To define and discuss methods of self-care.	Participated in discussion with peers about good self-care habits.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing Access to Appropriate Health Care	Community Integration	1	To provide recreation and teach life skills.	Youth sent photos of their 1st Xmas, then attempted to guess who is who. Also, participated in goal setting lesson.
Other Issue	Educational	2		
Increasing Access to Appropriate Health Care	Educational	1.5	To watch Home Alone via Zoom	

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	10	Show appreciation for consumers during the holidays and increase awareness of services provided by RRCI.	Delivered holiday goodie bag w/hot chocolate recipe & ornament for the family tree.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	2	To give out goodie baskets to families who have children with disabilities	Baskets were given
Increasing Access to Appropriate Health Care	Community Education & Public Information	0.5	To teach youth life-skills that will aid in transition to adult hood.	Class on forming healthy relationships through attachment styles, love languages, goal setting, personality assessment.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss opportunities and events for youth through various community outreach programs.	Exchanged information on Cedar City youth program, food drives, NINJA 2021, new services, etc.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	7	Show appreciation for consumers during the holidays and increase awareness of services provided by RRCI.	Delivered holiday goodie bag w/hot chocolate recipe & ornament for the family tree.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing Access to Appropriate Health Care	Outreach Efforts	1	To teach youth about goal setting and visualization.	Youth created "Dream Board" collages using various materials, set goals for 2021.
Other Issue	Community Integration	0		
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing Access to Appropriate Health Care	Outreach Efforts	1	To involve consumers in meaningful life skills activities.	Youth participated in financial education trivia, applied this info to score touch downs in an online game of football.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life transition skills.	Youth participated in lesson/discussion on career and education options. Watched a video and completed worksheets.
Increasing the Availability/Access to Assistive Technology	Community Integration	1	To talk about New Year Resolutions and do a virtual escape room	Recreation and fun
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To educate community partners in Cedar City on Pre-ETS and Youth Program services provided by RRCI.	Presented program information to SUU, VR, and other various counselors or disability reps throughout Cedar City.
Increasing Access to Appropriate Health Care	Community Integration	1	To provide meaningful life-skills lessons to youth.	Participated in a presentation on "Zoom Etiquette", group rules, the upcoming NINJA conference, and Minecraft League.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	To discuss elder abuse resources and procedures in reporting.	Talk with many agencies in the state about elder abuse issues.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach meaningful pre-employment transition skills to youth.	Youth participated in lesson/discussion on career and education options available after school.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	To learn of ways to prepare for an emergency or disaster and procedures to follow.	Discussed items needed and how individuals with disabilities can get assistance.
Increasing the Availability/Access to Assistive Technology	Educational	1	To give overview of Pre-ETS and the youth program in Cedar City.	Gave presentation, answered questions, sent info to Montessori. They will begin referring/implementing for RRCI.
Other Issue	Collaborating and Networking	0		
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	1	To learn more about our Pre-ETS contract with USOR and how to process new students in AWARE system.	Participated in Q&A and up training for Pre-ETS and AWARE.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community Integration	1	To provide youth with meaningful recreation and community interactions.	Youth participated in a scavenger hunt for household items. Also played a game of "Guess the Movie Quote".
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Discuss the needs individuals have in the community and how to assist them. Talk about housing options and resources.	Informed agencies of RRCI Low Vision Program. Talked about the housing status and needs. Also resources available.
Increasing the Availability/Access to Assistive Technology	Educational	2	To work with the school districts of Utah about helping students with disabilities	Community partnerships were made
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing the Availability/Access to Assistive Technology	Educational	4	Provides awareness for self-advocates and families to learn about the legislative process and issues to address.	Highlighted the concerns facing people with disabilities in Utah. Listened to speakers and their services and support.
Increasing Access to Appropriate Health Care	Educational	4	To listen to guest speakers talk about aspects of resilience	We got some different statistics to think about, and powerpoints to review
Other Issue	Collaborating and Networking	1		
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To go over the kids in the county with high needs and what we can do for them	Multi-staffing meeting about helps for kids in troubled places
Increasing Access to Appropriate Health Care	Educational	1	To learn about stress and stress management	Each youth was given a personal empowerment plan to fill out in times of stress
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1.5	We met to go over the transition padlet's by the state and the transition plan	We updated some of the goals and talked about the new transition app for students, parents, and teachers.
Increasing Access to Appropriate Health Care	Collaborating and Networking	3	Set up a booth providing information about RRCI and volunteering opportunities.	Attended a panel of Dixie University students interested in internships. Handed out RRCI information.
Increasing Access to Appropriate Health Care	Outreach Efforts	0.5	I talked with Dixie Eye Care about sponsoring for the DoNut Dash.	I gave the sponsorship information and flyer for the DoNut Dash. I took them in Low Vision brochures as well.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Outreach Efforts	0.5	I talked with the company about sponsoring for our 5K DoNut Dash.	Gave information and they will contact us if interested.
Increasing Access to Appropriate Health Care	Outreach Efforts	0.5	Introduced RRCI and met the new administrator. I talked about them becoming a sponsor for the 5K DoNut Dash.	Gave sponsorship information and flyer for the DoNut Dash.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Collaborated with peers from several professional, legal and state maintained agencies to offer resources for youth.
Other Issue	Educational	2		
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To share upcoming events and resources with other Youth Support Coordinators or CILS throughout the state of Utah.	Spoke about RRCI services including but not limited to Pre-ETS, Equine Therapy, Pre-ETS, Summer activities, etc.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk youth throughout Southwestern Utah.	Supported peers from several professional, legal and state maintained agencies to offer resources for youth.
Increasing Access to Appropriate Health Care	Community Education & Public Information	1	We learned about the child and healing center and how to help young children with trauma	How early childhood coalition can partner with the child and healing center
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To go over agency reports and updates	shared resources
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful skills that will help them transition from high school.	Lesson on strengths, disability advantages, superheroes, and made wrist bands showing personal attributes.
Increasing the Availability/Access to Assistive Technology	Outreach Efforts	1	We talked about appropriate and inappropriate uses of humor and how insults and humor are different.	
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life and transitional skills.	Lesson on the, "Meaning and Value of Work" then discussed how talents can lead to more fulfilling careers w/education.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0.5	Talked with Andi Cribbs RBT about sponsorship for the DoNut Dash. We also talked about referrals.	Discussed patients that are interested in RRCI activities. Andi will have them come meet with us.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Talked about a new program regarding Robotic Pets to assist individuals feeling isolated in their homes.	Had a demonstration on what the pets can do. Received cost amounts.
Increasing the Availability/Access to Assistive Technology	Educational	1	To let the SPED department know about the Pre-ETS services and youth program with RRCI	Teachers were given the basic information to pass out to students and their parents
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1	Introduced the new LTC Options Counselor at Five County. Talked with her about all the services RRCI provides.	Discussed the services Angie the new LTC Counselor will provide. Informed her of resources.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk or troubled youth throughout Southwestern Utah.	Supported peers from several professional, legal, and state agencies. Offered suggestions or courses of action.
Increasing Access to Appropriate Health Care	Collaborating and Networking	2	Discussed new events that each agency is having. Nominated a new Secretary for the committee.	Talked about how COVID has affected each business. Announced the DoNut Dash coming up.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1	Discussed Emergency Preparedness and the procedures to take. Talked about how to get the COVID vaccine.	Informed of where to get the COVID vaccine and how the Spanish speaking population can get it. Learned of resources.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition to adulthood.	Lesson on "Work Conditions and Strengths". Included discussion and worksheets designed to help identify interests.
Increasing Access to Appropriate Health Care	Educational	1	To meet together as professionals to talk about how we use teleconsultation in our professions	We thought of ways we will keep using telehealth in our professions
Increasing Access to Appropriate Health Care	Educational	1	To learn about anxiety and depression in youth	What we can do to support these youth
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss resources and options for at risk or troubled youth throughout Southwestern Utah.	Supported peers from several professional, legal, and state agencies. Offered suggestions or courses of action.
Other Issue	Educational	2		
Other Issue	Collaborating and Networking	1.5		

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	1	To discuss upcoming NINJA conference with those who've attended at least 3 years/stay socially connected.	Fun ice-breaker/trivia, brain-stormed additional ideas for curriculum, set expectations, etc.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To get to know the new students and talk about leadership	We got to know each other and set ground rules
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss those youth who are really struggling	Thought of ways to help the youth get wrap around services
Increasing the Availability/Access to Assistive Technology	Community Education & Public Information	1	To learn about Scholastic's resources and give updates on our agencies	Links were shared and program reports given
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To update other youth support agencies on RRCI events and services.	Gave information about new curriculums purchased, in-person activities and donut dash.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in transition from school to work.	Students participated in lesson on "Interview Do's and Do Not's".
Increasing the Availability/Access to Assistive Technology	Pre-ETS Class	1	To make pizza boats and learn about one little girls fight for disability rights	We talked about qualities of leaders and made pizza
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from High School to the Workforce.	Students participated in an interactive lesson on the interview question, "Three Words to Describe Yourself".
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To assist various youth support and state agencies in coordinating care for troubled and at risk youth throughout SW UT.	Discussed several cases with JJS, DCFS, SWBHC, Crimson Counseling, and various other agencies.
Increasing Access to Appropriate Health Care	Community Education & Public Information	1	Educate new counselors with the USOR/Voc Rehab on various agencies throughout UT who offer Pre-ETS and how they do it.	Introduced RRCI, spoke about Pre-ETS, Summer Program, and areas served.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	0.5	Introduced to new counselors at Vocational Rehab and discussed the services RRCI provides.	Gave RRCI brochures and youth program flyers.
Increasing the Availability/Access to Assistive Technology	Outreach Efforts	0.5	Informed of RRCI services and the Low Vision Older Blind Program.	Gave out RRCI brochures and Low Vision brochures.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To discuss options/ideas for expanding Pre-ETS program throughout Washington School District.	Spoke w/Secondary Education Coord, Kendell Salisbury, about various ways to facilitate Pre-ETS for upcoming school year.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will ease transition from school to workforce.	Youth participated in introduction to Pre-ETS lesson and ice breakers.
Increasing the Availability/Access to Assistive Technology	Pre-ETS Class	0.5	Students watched a movie, The Great Fight for Disability Rights, and talked about how to be advocates	Students watched a movie, The Great Fight for Disability Rights, and talked about how to be advocates
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid transition from HS to adulthood/workforce.	Peer mentor, Audrey Mattson, taught class on "Leadership". Included fun activities, video's, and discussion.
Increasing the Availability/Access to Assistive Technology	Pre-ETS Class	1	To make orange chicken and talk about decision making	We went over the steps of decision making and talked about effects of making decisions, both good and bad
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To talk about the kids dealing with major challenges and how to help them	Some successes were made to help one mom of a kid pay for housing, talked about involving the schools more in the meeting
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1	To meet with other Senior Service Agencies and discuss services provided.	Russ with Serenity Funeral Home talked about the services he provides.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills as they transition from high school to the labor force.	Peer mentor, Audrey Mattson, taught class on disability history.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills as they transition from high school to the workforce.	Lesson on the "Meaning & Value of Work" that included a game, video, and worksheet.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	1	To educate and recruit public schools for the Pre-Employment Training program offered by RRCI.	Spoke with SPED dept at Pineview High, provided information on Pre-Ets program in the hopes of starting fall 2021.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	1	Pitch Pre-Ets to Iron County School District.	Spoke with district SPED Coord, Jessica Bulloch, about program and benefits. Sent follow up email with docs and info.
Other Issue	Educational	2		

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing the Availability/Access to Assistive Technology	Community Integration	1.5	Everyone talked about their loss of a loved one to suicide.	Talked with each other and held the Joy for All pets.
Increasing the Availability/Access to Assistive Technology	Educational	1	To go over Gretta's IEP	We talked about transition and how to support Gretta moving forward
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from high school to the workforce.	Youth participated in lesson on skills & interests and cooking lesson in which they prepared grilled cheese sandwiches.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from high school to the workforce.	Peer mentor, Audrey Mattson, taught youth lesson on the meaning and value of work.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To assist various youth support and state agencies in coordinating care for troubled and at risk youth throughout SW UT.	Discussed several cases with JJS, DCFS, SWBHC, Crimson Counseling, and various other agencies.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from high school to the workforce.	Youth mentor, Audrey Mattson, taught lesson on "Identifying and Asking for Accommodations".
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from high school to the work force.	Lesson on learning styled and asking for accommodations.
Increasing the Availability/Access to Assistive Technology	Community Education & Public Information	0.5	To talk about the transition services across the state	Links were shared and information for summer programs
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To assist various youth support and state agencies in coordinating care for troubled and at risk youth throughout SW UT.	Discussed several cases with JJS, DCFS, SWBHC, Crimson Counseling, and various other agencies.
Increasing Access to Appropriate Health Care	Collaborating and Networking	2	Talked about continuing hope support group after Hope Reins is finished in a week	We will meet the teen group next Monday and start our bi-monthly activities
Increasing Access to Appropriate Health Care	Outreach Efforts	4	To let families in the Iron County area know about resources for children with Autism	Cards, brochures, and information was given.
Increasing the Availability/Access to Assistive Technology	Outreach Efforts	4.5	This is a booth that was done for Autism Awareness	We has several 30 -35 families who came by the booth to play Blinko and the kids did win prizes. Handed out fliers.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community Education & Public Information	1.5	To meet the teens who will be part of the Continuing Hope support group	Socialized and got to know the kids
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from school to the work force.	Mentor, Audrey Mattson, taught lesson on "Education Intro and Job Training".
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from school to the work force.	Students participated in lesson on budgeting and learned how to make ramen stir fry.
Increasing the Availability/Access to Assistive Technology	Educational	2	To give teachers and parents resources for transition	Brochures and information was passed out
Increasing Access to Appropriate Health Care	Collaborating and Networking	2	Discussed new information about each agency. Welcomed Precision Hearing into the ECRG.	Announced upcoming events and printing of the new brochure.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	0	Attended several workshops about agencies that provide disability services throughout the state.	Listened to presentations from each agency. RRCI gave a presentation and explained all the services RRCI provides.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from school to the workforce.	Youth learned how to use descriptive terms and examples to promote themselves in an interview.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To talk about the kids in Washington County going through hard times	Plans were made on how to help refer youth to more services; there will be Choices Jr for 6-8 graders
Other Issue	Educational	2		
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	5	Talked about Eldercare and Justice against abuse. Discussed procedures to follow with abuse cases.	Attended several workshops about protecting the aging population being abused. Signs to look for and what to do.
Increasing Access to Appropriate Health Care	Outreach Efforts	1	To expand the reach of RRCI's Pre-ETS contract and pitch the program to interested schools.	Presented info to Lorell Loosle, Director of Education with Saint George Academy. Will follow up in August. Interested.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach meaningful life skills that will aid in their transition from school to the workforce.	Youth participated in lesson on "Making Good First Impressions" and played "Hygiene Bingo" and made Cannoli's.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To assist various youth support and state agencies in coordinating care for troubled and at risk youth throughout SW UT.	Discussed several cases with JJS, DCFS, SWBHC, Crimson Counseling, and various other agencies.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	To teach youth meaningful life skills that will aid in their transition from high school to the workforce.	Youth mentor, Audrey Mattson, taught final lesson on "Interviewing", "First Day of Work", and "Making Good Impressions".
Other Issue	Community Integration	1	To give parents a chance to fill out the summer apps for their kids and answer questions	Money was paid, applications turned in, and answers given about summer youth
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	To meet and talk about updates on agency programs that assist seniors in the five county area.	Discussed upcoming senior events. Options for In-Home Health Services.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	0	0	0
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To assist various youth support and state agencies in coordinating care for troubled and at risk youth throughout SW UT.	Discussed several cases with JJS, DCFS, SWBHC, Crimson Counseling, and various other agencies.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	5	Meet with peers from various statewide CIL's to learn/teach leadership and independent living skills.	Classes included "Disability Pride", "Employment Success", "Elevator Pitches", and "Self Determination".
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	1	Talked about maintaining independence during a disaster. Discussed Accessible Functional Needs Coalition Emergency Plan.	Introduced RRCI to attendees in the meeting.
Increasing Access to Appropriate Health Care	Outreach Efforts	2	To tell parents of Washington county about Utah Parent Center and RRCI	Brochures, information for UPC, and kids played in bubble machine
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with various youth support agencies throughout southwest Utah to share information, resources, and events.	Spoke about RRCI youth programs, learned about new community resource agencies, supported professional peers.
Increasing Access to Appropriate Health Care	Community Education & Public Information	2	To talk about our loss with our loved ones to suicide	Talked about different resources for coping and support groups

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	5	Meet with peers from various statewide CIL's to learn/teach leadership and independent living skills.	Classes included "Disability History", "Healthy Relationships", "Advocacy", "Communication", and "Adulting".
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	5	Meet with peers from various statewide CIL's to learn/teach leadership and independent living skills.	Classes included "Mental Health", "Critics", "Internet Safety", and "IL Questions".
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	Discussed services each agency provides and the upcoming events.	Completed the new Eldercare Brochure. Announced about the new Women's Mental Health Support Group with RRCI.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	Recognizing and Addressing Isolation issues in Older Adults.	Discussed effects COVID has had on the elderly population. Talked about new cases and what needs to happen.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1.5	Learned about the new Primrose Assisted Living Facility. Talked with other agencies about services and upcoming events.	Primrose is now taking residents. There is a new mobile dental hygienist.
Increasing Access to Appropriate Health Care	Collaborating and Networking	0	To talk about our loss with our loved ones to suicide.	Discussed experiences and supports available to assist with coping of losing a loved one.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To learn about the "Utah House", a new Families First based therapy provider and non-profit.	Met w/various youth support agencies, learned about services provided, and offered support.
Increasing Opportunities for Affordable, Accessible housing Units	Housing Opportunities	1	Meet with other agencies about new services provided for low income families and disability services.	Discussed the new grant with Habitat for Humanity and St. George Housing Authority now accepting applications.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Connect with other IL's from across the US to discuss services, goals, challenges, outcomes, and information.	Spoke about IL and transition skills classes offered, youth recreation program, provided company social media, etc.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To meet with various reps of WCSD, share information on upcoming events, programs, or updates in procedures/policies.	Met peers, spoke about the new curriculum sponsored by RRCI, obtained info on Utah Transition Institute, etc.

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing the Availability/Access to Assistive Technology	Outreach Efforts	0	0	0
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with various CIL's throughout Utah to discuss events, updates, troubleshoots, etc.	Discussed upcoming school year, NINJA Alumni Meeting, youth councils, ideas for and successes in engaging youth.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with human service agencies like Five Counties, WCSD, VA, Family HC, and Dove Center to discuss resources/updates.	Spoke about emergency funds, broadband benefit, housing assistance, etc.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with various community youth supports (WCSD, USU, Youth Futures) to discuss resources and changes.	Spoke about broadband benefit, housing vouchers, DI vouchers, school lunch program, my plate courses, etc.
Increasing the Availability/Access to Assistive Technology	Collaborating and Networking	0	We presented about RRCI services and programs.	Discussed all programs at RRCI and answered questions other agencies have regarding community needs.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with other providers in the community and discuss ways we can assist the elderly.	Talked about upcoming events and new services. Discussed new brochures.
Increasing Access to Appropriate Health Care	Outreach Efforts	0.5	Inform public of RRCI and the services we provide.	Took brochures and put them in Public Health Department.
Increasing Access to Appropriate Health Care	Community Integration	1	Meet with NINJA youth leaders for alumni call.	Spoke about successes with recent Ninja conference, spoke about potential plan for next year, played trivia games, etc.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	1	To meet with education and counseling team at Dixie High for consumer IEP meeting.	Discussed goals, all services, needs, and progress for consumer. Assured them that we are here even after graduation to provide continued support.
Increasing Access to Appropriate Health Care	Pre-ETS Class	1	to teach youth transition skills in partnership with local high schools.	youth participated in day one of transition class at pineview. employment soft skills

Issue Area	Activity Type	Hours Spent	Objective(s)	Outcomes(s)
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	To collaborate with other support agencies, discuss opportunities and solutions for meeting community needs.	Met with peers from Five Counties, WCSD, VA, Switchpoint, and Family HealthCare. Discussed and problem solved grants/funding/services available for community.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Collaborate with other youth support agencies like JJS, WCSD, Healthy Relations Utah, USU, City of St. George, Voc Rehab, etc.	Learned about new step family courses, after school programs, direct services, and funding offered by various community support agencies. Intro'd RRCI.
Increasing Access to Appropriate Health Care	Collaborating and Networking	1.5	To talk about our loss with our loved ones to suicide. Discussed experiences and supports available to assist with coping of losing a loved one.	Discussed experiences and supports available to assist with coping of losing a loved one.
Increasing the Availability/Access to Assistive Technology	Outreach Efforts	2	0	0
Increasing Access to Appropriate Health Care	Collaborating and Networking	1	Meet with Active Re-Entry Youth IL Coordinators to collaborate a meet-up/event.	Set tentative date for April 2nd, 2022. Will meet at Lion's Park in Richfield, UT by 12pm for outdoor games and food.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	0	Virtual sessions to learn of information, skills, and resources. Fundraising, Advocacy, Marketing and Board Management, and Finance.	Learned of way to fundraise and advocate. Ideas showing appreciation to donors. Building Networking Relationships.
Increasing Access to Appropriate Health Care	Outreach Efforts	6	Had a booth with materials and resources RRCI provides.	Talked with individuals about RRCI programs. Discussed Loan Bank services with people.
Increasing Access to Appropriate Health Care	Community and Systems Advocacy	6	Learn topics such as Suicide Prevention, Peer Support, Sexual Trauma, Mental Health, Telehealth, and Race Based Stress and Trauma.	Informed of statistics and needs. Discussed ways to improve services.

Item 5.7 - Description of Community Activities

For the community activities mentioned above, provide additional details such as the role of the CIL staff board members and/or consumers, names of any partner organizations and further descriptions of the specific activities, services and benefits.

RRCI staff, board, and consumers work together to connect the agency to the community. Systems advocacy activities are accomplished in groups. Activities such as youth and family support activities, and community training events are attended by staff, board, and consumers. Staff and consumers sit on community committees including but not limited to the local transportation counsel, Eldercare network, Washington County Social Services Network, and several Area Chamber of Commerce.

SECTION 6 - ANNUAL PROGRAM AND FINANCIAL PLANNING OBJECTIVES

6.1 - Work Plan for the Reporting Period

Item 6.1.1 - Achievements

Discuss the work plan's proposed goals and objectives and the progress made in achieving them during the reporting period.

#1. Outreach/Community Connection - People in the RRCI catchment area are aware of disability services and issues disability present to individuals being able to fully participate in society. People are aware of RRCI's role in assisting individuals with disabilities and are aware of how to access those supports.

Every staff member had an individualized outreach goal for the 2020 -2021 monitoring year.
Outreach area staff members joined and became involved in their area's chamber of commerce.

#2. Loan Bank/AT - Individuals with disabilities in the RRCI catchment area have access to Assistive Technology that assist them to live independently in society.

Created a budget line for AT to be used to fix, clean, and/or dispose of items in the loan bank.
Revise current policies to allow for better tracking of equipment.
Created focused staff goals around updating and getting new policy contracts implemented and continued tracking and equipment follow-ups.
Established ongoing supervisory monitoring to ensure new procedures continued to be followed.

#3. Reaching Underserved Populations - All individuals with disabilities in the RRCI catchment area have access to appropriate supports to live independently in their community.

Created more connective/focused outreach with remote area senior centers, home health agencies, medical providers, emergency food shelters etc, in a quest to find those individuals in other underserved cultural groups.

#4. Fundraising provides sufficient funds for financial stability and service expansion.

Donations are sufficient to provide quality services to an increasing number of people with disabilities.
Focused on individual and corporate donations.
Maintained cash reserves of at least 3 months expenses.
Research and networking toward acquiring a new building for main office location.

#5. Board membership is stability.

Engagement in board networking and recruitment by current board members, executive director and staff.

Item 6.1.2 - Challenges

Describe any substantial challenges or problems encountered by the CIL, and the resolutions/attempted resolutions.

Like others, RRCI continues to be challenged by the COVID 19 pandemic. RRCI continues to follow implemented safety policies and protocols, but clear directives are hard to find. Balancing between accommodating those who are desperate to meet in person and those who are scared to go out is quite a challenge. RRCI works to keep things sterilized while meeting in person with masks suggested for consumers and worn by staff whenever indoor group classes are held and offers virtual participation options when possible.
Hiring and retaining staff has been the biggest post pandemic obstacle. Finding qualified, (and willing) workers for the price point we are able to pay is challenging. There are more, higher paying jobs available right now as well as a reluctant job force. RRCI is trying to highlight other benefits to joining our staff while doing all possible to assure that current staff feel appreciated to support retention.

Item 6.1.3 - Comparison with Prior Reporting Period
As appropriate, compare the CIL's activities in the reporting period with its activities in prior periods, e.g., recent trends.

RRCI continues to increase funds through grant writing and individual and corporate donations. RRCI consumer capacity remains high with steady flux of closures with goals met and new goals set. Consumers who participate in the surveys indicate a high rate of satisfaction with RRCI staff and services.

6.2 - Work Plan for the Period Following the Reporting Period

Item 6.2.1 - Annual Work Plan

List the CIL's annual work plan goals, objectives and action steps planned for the period following the reporting period.

#1. Outreach/Community Connection - People in the RRCI catchment area are aware of disability services and issues disability present to individuals being able to fully participate in society. People are aware of RRCI's role in assisting individuals with disabilities and are aware of how to access those

supports.

Staff members will participate in outreach efforts and sit on at least one service committee.
Outreach area staff members will be involved in their area's chamber of commerce.
Increase activity and attend trainings with the Utah Nonprofits Assoc and other networking resources.

#2. Loan Bank/AT - Individuals with disabilities in the RRCI catchment area have access to Assistive Technology that assist them to live independently in society.

Utilize budget line for AT to fix, clean, and/or dispose of items in the loan bank.
Follow revise policies to allow for better tracking of equipment.
Continued tracking and equipment follow-ups in accordance to new policy contracts.
Continue ongoing supervisory monitoring to ensure new procedures continue to be followed.

#3. Reaching Underserved Populations - All individuals with disabilities in the RRCI catchment area have access to appropriate supports to live independently in their community.
More connective/focused outreach with remote area senior centers, home health agencies, medical providers, emergency food shelters etc, in a quest to find those individuals in other underserved cultural groups.
Find and implement a language interpreter program to allow easy access to Spanish or other languages to help facilitate contact and support to those who do not speak English.
Outreach to the Native American Tribes in our area.
#4. Fundraising provides sufficient funds for financial stability and service expansion.

Maintain donations sufficient to provide quality services to an increasing number of people with disabilities. Focus will be on individual and corporate donations.
Maintain cash reserves of at least 3 months expenses.
Fulfill a role in fundraising for a new building in St. George.

#5. Build board membership to 13 members.

Item 6.2.2 - SPIL Consistency

Explain how these work plan goals, objectives and action steps are consistent with the approved SPIL.

RRCI Goal 1 Outreach/Community Connection = State plan Goal 2&4 Statewide outreach/supports
RRCI Goal 2 Loan Bank/AT enhancement = State plan Goal 1 Effective services
RRCI Goal 3 Reaching underserved populations = State plan Goal 2 Statewide outreach
RRCI Goal 4 Financial stability/Service expansion = State plan Goal 1&3 Effective services/Youth services
RRCI Goal 5 Board constancy = State plan Goal 2&4 Statewide outreach/supports

SECTION 7 - ADDITIONAL INFORMATION

Item 7.1 - Other Accomplishments, Activities and Challenges

Describe any additional significant accomplishments, activities and/or challenges not included elsewhere in the report, e.g., brief summaries of innovative practices, improved service delivery to consumers, etc.

Over the course of the pandemic and the ensuing aftermath, mental health rose as a prevailing issue. RRCI worked to meet the mental health needs of those with disabilities by creating innovative partnerships in the community. Through MOU's with established therapy programs in the area, RRCI was able to utilize CARES Act funds to support consumers in receiving mental health care in group therapy sessions and individualized program services.

SECTION 8 - TRAINING AND TECHNICAL ASSISTANCE

Item 8.1 - Training And Technical Assistance Needs

Training And Technical Assistance Needs	Choose up to 10 Priority Needs --- Rate items 1-10 with 1 being most important
Advocacy/Leadership Development	
General Overview	
Community/Grassroots Organizing	
Individual Empowerment	
Systems Advocacy	1
Legislative Process	2
Applicable Laws	
General overview and promulgation of various disability laws	
Americans with Disabilities Act	
Air-Carrier's Access Act	
Fair Housing Act	
Individuals with Disabilities Education Improvement Act	
Medicaid/Medicare/PAS/waivers/long-term care	
Rehabilitation Act of 1973, as amended	
Social Security Act	
Workforce Investment Act of 1998	
Ticket to Work and Work Incentives Improvement Act of 1999	
Government Performance Results Act of 1993	
Assistive Technologies	
General Overview	
Data Collecting and Reporting	
General Overview	
PPR/704 Reports	
Performance Measures contained in PPR/704 Report	
Dual Reporting Requirements	
Case Service Record Documentation	
Disability Awareness and Information	
Specific Issues	
Evaluation	
General Overview	
CIL Standards and Indicators	3
Community Needs Assessment	
Consumer Satisfaction Surveys	
Focus Groups	
Outcome Measures	

Training And Technical Assistance Needs	Choose up to 10 Priority Needs --- Rate items 1-10 with 1 being most important
Financial: Grant Management	
General Overview	
Federal Regulations	4
Budgeting	5
Fund Accounting	
Financial: Resource Development	
General Overview	
Diversification of Funding Base	6
Fee-for-Service Approaches	
For Profit Subsidiaries	
Fund-Raising Events of Statewide Campaigns	7
Grant Writing	8
Independent Living Philosophy	
General Overview	
Innovative Programs	
Best Practices	
Specific Examples	
Management Information Systems	
Computer Skills	
Software	
Networking Strategies	
General Overview	
Electronic	
Among CILs & SILCs	
Community Partners	
Program Planning	
General Overview of Program Management and Staff Development	
CIL Executive Directorship Skills Building	
Conflict Management and Alternative Dispute Resolution	
First-Line CIL Supervisor Skills Building	
IL Skills Modules	
Peer Mentoring	
Program Design	
Time Management	
Team Building	
Outreach to Unserved/Underserved Populations	
General Overview	
Disability	
Minority	9
Institutionalized Potential Consumers	
Rural	
Urban	
SILC Roles/Relationship to CILs	

Training And Technical Assistance Needs	Choose up to 10 Priority Needs --- Rate items 1-10 with 1 being most important
General Overview	
Development of State Plan for Independent Living	
Implementation (monitor & review) of SPIL	
Public Meetings	
Role and Responsibilities of Executive Board	
Role and Responsibilities of General Members	
Collaborations with In-State Stakeholders	
CIL Board of Directors	
General Overview	
Roles and Responsibilities	
Policy Development	
Recruiting/Increasing Involvement	10
Volunteer Programs	
General Overview	
Other	
Optional Areas and/or Comments (write-in)	

Item 8.2 - Additional Information

Provide additional information, comments, explanations or suggestions not included elsewhere in the report.

SECTION 9 - SIGNATURES

Please sign and print the names, titles and telephone numbers of the CIL director and board chair.

_____
NAME AND TITLE OF CENTER DIRECTOR   PHONE NUMBER

_____
SIGNATURE OF CENTER DIRECTOR   DATE

_____
NAME AND TITLE OF CENTER BOARD CHAIRPERSON   PHONE NUMBER

_____
SIGNATURE OF CENTER BOARD CHAIRPERSON   DATE